

2026 P. CHANDARANA LONDON PSYCHIATRY REVIEW COURSE

January 19 – 23, 2026

(all times are EST)

Online via Zoom

Overall Learning Objectives:

By the end of this program, participants will be able to:

1. Manage Patients according to CanMEDS roles
2. Describe major psychiatric disorders
3. Practice evidence-based psychiatry
4. Demonstrate and complete an OSCE station

Monday, January 19, 2026			
8:30 – 9:00 am		Welcome and Introduction – Dr. Mark Watling, Dr. Carla Garcia, & Dr. Sean Li	
Session #	Times	Breakdown	Topic, Speaker & Session Learning Objectives
1	9:00 - 9:20	OSCE Station	OCD – Dr. Mark Watling <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	9:20 - 9:30	OSCE Appraisal	
	9:30 - 10:15	Topic Update	
	10:15 - 10:30	Question & Answer	
10:30 – 10:40		Break	
2	10:40 - 11:00	OSCE Station	OSCE Specific Lecture – Dr. Carla Garcia <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	11:00 - 11:10	OSCE Appraisal	
	11:10 - 11:55	Topic Update	
	11:55 - 12:10	Question & Answer	
12:10 – 1:00		LUNCH	
3	1:00 - 1:20	OSCE Station	ODD & Conduct Disorder – Dr. Jennifer Woo <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	1:20 - 1:30	OSCE Appraisal	
	1:30 - 2:15	Topic Update	
	2:15 - 2:30	Question & Answer	
2:30 – 2:40		Break	
4	2:40 - 3:00	OSCE Station	PTSD - Ruth Lanius <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	3:00 - 3:10	OSCE Appraisal	
	3:10 - 3:55	Topic Update	
	3:55 - 4:10	Question & Answer	

4:10 – 4:20		Break	
5	4:20 - 4:40	OSCE Station	IPT – Dr. Kathleen Sheehan <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	4:40 - 4:50	OSCE Appraisal	
	4:50 - 5:35	Topic Update	
	5:35 - 5:50	Question & Answer	

Tuesday, January 20, 2026

Session #	Times	Breakdown	Topic, Speaker & Session Learning Objectives
6	9:00 - 9:20	OSCE Station	CBT – Dr. Sarah Bush <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	9:20 - 9:30	OSCE Appraisal	
	9:30 - 10:15	Topic Update	
	10:15 - 10:30	Question & Answer	

10:30 – 10:40		Break	
7	10:40 - 11:00	OSCE Station	Neurocognitive Disorders – Dr. Kathleen Singh <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	11:00 - 11:10	OSCE Appraisal	
	11:10 - 11:55	Topic Update	
	11:55 - 12:10	Question & Answer	

12:10 – 1:00		LUNCH	
8	1:00 - 1:20	OSCE Station	Critical Appraisal – Dr. Saadia Sediqzadah <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	1:20 - 1:30	OSCE Appraisal	
	1:30 - 2:15	Topic Update	
	2:15 - 2:30	Question & Answer	

2:30 – 2:40		Break	
9	2:40 - 3:00	OSCE Station	Somatoform Disorders & Consultation Liaison Psychiatry – Dr. Carla Garcia <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	3:00 - 3:10	OSCE Appraisal	
	3:10 - 4:15	Topic Update	
	4:15 - 4:30	Question & Answer	

4:30 – 4:40		Break	
10	4:40 - 5:00	OSCE Station	Anxiety Disorders – Dr. Mark Watling <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	5:00 - 5:10	OSCE Appraisal	
	5:10 - 5:55	Topic Update	
	5:55 - 6:10	Question & Answer	

Wednesday, January 21, 2026

Session #	Times	Breakdown	Topic, Speaker & Session Learning Objectives
11	9:00 - 9:20	OSCE Station	Borderline Personality Disorder / DBT – Dr. Ron Fraser <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	9:20 - 9:30	OSCE Appraisal	
	9:30 - 10:15	Topic Update	
	10:15 - 10:30	Question & Answer	

10:30 – 10:40

Break

12	10:40 - 11:00	OSCE Station	Substance Use Disorders – Dr. Ron Fraser <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	11:00 - 11:10	OSCE Appraisal	
	11:10 - 11:55	Topic Update	
	11:55 - 12:10	Question & Answer	

12:10 – 1:00

LUNCH

13	1:00 - 1:20	OSCE Station	Eating Disorders – Dr. Jennifer Couturier <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	1:20 - 1:30	OSCE Appraisal	
	1:30 - 2:15	Topic Update	
	2:15 - 2:30	Question & Answer	

2:30 – 2:40

Break

14	2:40 - 3:00	OSCE Station	Sleep Disorders – Dr. Jennifer Barr <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	3:00 - 3:10	OSCE Appraisal	
	3:10 - 3:55	Topic Update	
	3:55 - 4:10	Question & Answer	

4:10 – 4:20

Break

15	4:20 - 4:40	OSCE Station	Forensic Psychiatry – Dr. Lily Van <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	4:40 - 4:50	OSCE Appraisal	
	4:50 - 5:35	Topic Update	
	5:35 - 5:50	Question & Answer	

Thursday, January 22, 2026

Session #	Times	Breakdown	Topic, Speaker & Session Learning Objectives
16	9:00 - 9:20	OSCE Station	Autism Spectrum Disorder – Dr. Rob Nicolson <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic
	9:20 - 9:30	OSCE Appraisal	
	9:30 - 10:15	Topic Update	

	10:15 - 10:30	Question & Answer	2. Describe how to incorporate new knowledge of this topic into practice
10:30 - 10:40		Break	
17	10:40 - 11:00	OSCE Station	ADHD – Dr. Jon Gregory By the end of this session, participants will be able to: 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	11:00 - 11:10	OSCE Appraisal	
	11:10 - 11:55	Topic Update	
	11:55 - 12:10	Question & Answer	
12:10 – 1:00		LUNCH	
18	1:00 - 1:20	OSCE Station	Bipolar Disorder – Dr. Joshua Rosenblat By the end of this session, participants will be able to: 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	1:20 - 1:30	OSCE Appraisal	
	1:30 - 2:35	Topic Update	
	2:35 - 2:50	Question & Answer	
2:50 – 3:00		Break	
19	3:00 – 3:20	OSCE Station	Psychopharmacology – Dr. Joshua Rosenblat By the end of this session, participants will be able to: 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	3:20 – 3:30	OSCE Appraisal	
	3:30 – 4:35	Topic Update	
	4:35 – 4:50	Question & Answer	
Friday, January 23, 2026			
Session #	Times	Breakdown	Topic, Speaker & Session Learning Objectives
20	9:00 - 9:20	OSCE Station	Psychodynamic psychotherapy, defense mechanisms, and formulation - Dr. Adrienne Tan By the end of this session, participants will be able to: 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	9:20 - 9:30	OSCE Appraisal	
	9:30 - 10:15	Topic Update	
	10:15 - 10:30	Question & Answer	
10:30 – 10:40		Break	
21	10:40 - 11:00	OSCE Station	Gender Dysphoria – Dr. Martin Vetter By the end of this session, participants will be able to: 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	11:00 - 11:10	OSCE Appraisal	
	11:10 - 11:55	Topic Update	
	11:55 - 12:10	Question & Answer	
12:10 – 1:00		LUNCH	
22	1:00 - 1:20	OSCE Station	Depression – Dr. Peter Giacobbe By the end of this session, participants will be able to: 1. Write and demonstrate an OSCE station of this topic
	1:20 - 1:30	OSCE Appraisal	
	1:30 - 2:15	Topic Update	

	2:15 - 2:30	Question & Answer	2. Describe how to incorporate new knowledge of this topic into practice
	2:30 – 2:40	Break	
23	2:40 - 3:00	OSCE Station	Schizophrenia/Psychosis – Dr. Imane Nait <i>By the end of this session, participants will be able to:</i> 1. Write and demonstrate an OSCE station of this topic 2. Describe how to incorporate new knowledge of this topic into practice
	3:00 - 3:10	OSCE Appraisal	
	3:10 - 3:55	Topic Update	
	3:55 - 4:10	Question & Answer	

25% of this program is dedicated to participant interaction.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 35.5 hours (credits are automatically calculated).

This program has received no financial support.